**Pre-Operative Instructions for IV Sedation**

***These instructions must be followed for all patients who are considering IV Sedation and/or General Anesthesia for their surgical appointment.***

The following instructions are designed for your comfort and understanding of the planned surgery. If you have any questions concerning these pre-operative instructions or the surgery itself, please call the office.

Instructions for before the surgery:

**Eating and Drink:**

* Do not eat or drink anything for 8 prior to your appointment. Minimal amount of clear fluids may be taken up to 2 hours before the appointment.
	+ This includes water, clear juice and black coffee or tea (no dairy).

**Medications:**

* Medications that you take on a daily basis can and should be taken at the normal time with a minimal amount of water unless otherwise instructed by your Dentist.
	+ Please provide a list of medication that were taken to the nurse on the day of the operation.

**Important Considerations:**

* Please wear loose fitted clothing with short sleeves, secured shoes and no nail polish or excessive make up.
* Please remove all facial jewelry and piercings for the surgery.
* If you wear contacts, please remove them on the day of the surgery and wear glasses.
* Please consider not smoking for 12 hours before your appointment.
* Please notify the doctor if there is a chance of pregnancy.

***For the safety of our patients, all patients undergoing sedation or general anesthesia must be accompanied to and from the office by a responsible adult as well as directly supervised for 18 hours after the procedure. They are required to be present in the office for the duration of the procedure. All patients under the age of 18 must be accompanied by a legal guardian.***

***Any patient who has been sedated must not drive a vehicle, operate machinery or consume alcohol for 24 hours after the procedure. NO EXCEPTIONS.***